

Review

$$(a = -\omega^2 x)$$

$$\omega = \frac{2\pi}{T} = (2\pi f)$$

If  $x=0$ , at  $t=0$ 

$$x = x_0 \sin \omega t$$

$$v = v_0 \cos \omega t$$

$$(v = x_0 \omega \cos \omega t)$$

If  $x=x_0$ , at  $t=0$ 

$$x = x_0 \cos \omega t$$

$$v = -v_0 \sin \omega t$$

$$(v = -x_0 \omega \sin \omega t)$$

$$(a = -a_0 \sin \omega t) \quad \left. \begin{array}{l} \text{don't} \\ \text{need} \end{array} \right\} (a = -a_0 \cos \omega t)$$

$$(a = -x_0 \omega^2 \sin \omega t) \quad \left. \begin{array}{l} \text{really} \\ \text{need} \end{array} \right\} (a = -x_0 \omega^2 \cos \omega t)$$

$$(a = -\omega^2 x) \quad (a = -\omega^2 x)$$

$$v = \pm \omega \sqrt{(x_0^2 - x^2)}$$

## Meaning of Phase + Phase Difference

Think of  $\omega t$  and its units:  $\text{rad s}^{-1} \cdot \text{s} = \text{radians}$

So  $\omega t$  can be interpreted as an angle.

The phase of a body at an instant in time is the value  $\omega t$  at that instant where  $\omega = \frac{2\pi}{T}$  or  $2\pi f$

Example:

- When 2 bodies are oscillating, if one is  $\frac{\pi}{2}$  ahead of the other in phase it means that it is a quarter of a period ahead of the other.
- If they were in opposite phase, then one is  $\pi$  ahead of the other in phase (or  $\frac{1}{2}$  of the period).
- a difference of  $2\pi$  (or increments of  $2\pi$ ) means that there is a delay in the start, but they are still in phase.  
(by 1 full period)
- (or increments of the period)

$$\omega = 2\pi f = 2\pi(2.5 \text{ s}^{-1}) = 15.7 \text{ s}^{-1}$$

**EXAMPLE:**

A mass of 1.5 kg undergoes SHM with a frequency of 2.5 Hz and an amplitude of 0.50 m.

- a) What is the maximum restoring force on the body?  $F = ma$

- b) What is the magnitude of the restoring force when the mass is 0.25 m from its original position?

$\downarrow$   
max acceleration  $\Leftrightarrow$  maximum displacement.

a)  $F = ma + a = -\omega^2 x$

$$F = -m\omega^2 x$$

$$F = -(1.5 \text{ kg})(15.7 \text{ s}^{-1})^2 (0.50 \text{ m})$$

$$F = -185 \text{ N}$$

The magnitude of  
the maximum force

$$\text{is } 1.9 \times 10^2 \text{ N}$$

$$F = -1.9 \times 10^2 \text{ N}$$

$\uparrow$   
opposite

the displacement (or towards the equilibrium)

b)  $F = -m\omega^2 x$

$$F = -(1.5 \text{ kg})(15.7 \text{ s}^{-1})^2 (0.25 \text{ m})$$

$$F = -92 \text{ N}$$

92 N towards the equilibrium position.

**EXAMPLE:**

A trolley held between two springs, when displaced, executes simple harmonic motion with a frequency of 2.0 Hz and an amplitude of 4.0 cm.  $x_0$

- Calculate the displacement, velocity, and acceleration of the trolley at equilibrium position.
- Calculate the maximum speed of the trolley.
- Calculate the mass of the trolley. The force constant of the two springs, combined is 30 N m<sup>-1</sup>.
- Sketch graphs of displacement versus time, velocity versus time, and acceleration versus time over one full cycle. Write the equation of each graph.

a) first find  $\omega$ :  $\omega = 2\pi f = 2\pi(2.0 \text{ s}^{-1}) = 12.6 \text{ s}^{-1}$

$$x = x_0 \sin \omega t$$

$$x = (4.0 \text{ cm}) \sin(12.6 \text{ s}^{-1}(0.30 \text{ s}))$$

$$x = -2.4 \text{ cm}$$

$$v = x_0 \omega \cos \omega t$$

$$v = (4.0 \text{ cm})(12.6 \text{ s}^{-1}) \cos(12.6 \text{ s}^{-1}(0.30 \text{ s}))$$

$$v = -40 \text{ cm s}^{-1}$$

$$a = -x_0 \omega^2 \sin \omega t$$

*easier*

or

$$a = -\omega^2 x$$

$$a = -(12.6 \text{ s}^{-1})^2 (-2.4 \text{ cm})$$

$$a = +3.8 \times 10^2 \text{ cm s}^{-2}$$

b)

$$v = \pm \omega \sqrt{(x_0^2 - x^2)} \quad \text{or} \quad v_0 = x_0 \omega$$

$$v = \pm (12.6 \text{ s}^{-1}) \sqrt{(4 \text{ cm})^2 - (0 \text{ cm})^2}$$

$$v_0 = 50 \text{ cm s}^{-1}$$

$$v = \pm (12.6 \text{ s}^{-1})(4 \text{ cm})$$

$$v = \pm 50 \text{ cm s}^{-1}$$

$$\downarrow \\ \text{Speed} \Rightarrow 50 \text{ cm s}^{-1}$$

c) Recall Hooke's Law:  $F = -kx$

Recall Newton's Second Law:  $F = ma$

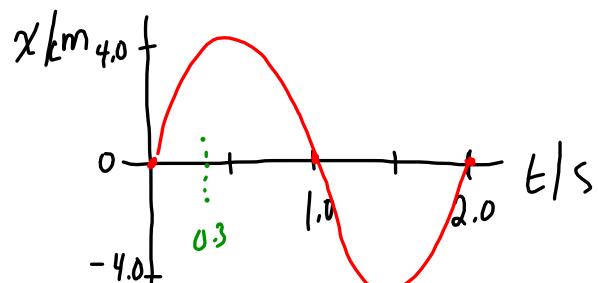
The magnitudes are equal:

$$kx = ma$$

$$m = \frac{kx}{a}$$

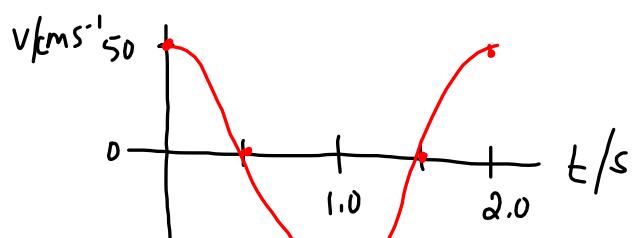
$$m = \frac{(30 \text{ N m}^{-1})(0.024 \text{ m})}{3.8 \text{ ms}^{-2}}$$

$$m = 0.19 \text{ kg}$$



$$x = (4.0 \text{ cm}) \sin(12.6 t)$$

$$x = x_0 \sin \omega t$$

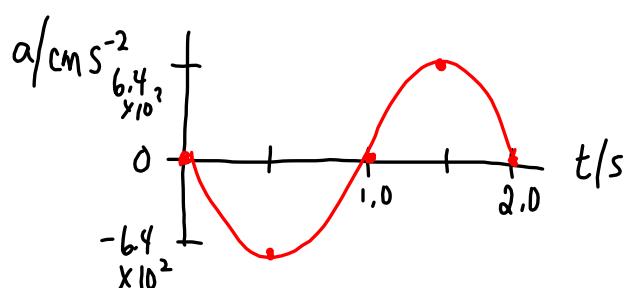


$$v = x_0 \omega \cos \omega t$$

$$v = (50 \text{ cm s}^{-1}) \cos(12.6 t)$$

max acc

$$a_0 = x_0 \omega^2$$



$$a = -x_0 \omega^2 \sin(\omega t)$$

$$a = -640 \frac{\text{m s}^{-2}}{\text{s}^2} \sin(12.6 t)$$

$$a_a = 635 \text{ cm s}^{-2}$$

$$6.4 \times 10^2$$